

Area Mental Health Providers

Associated Psychological Services

Robert Valesano, LP	Depression, ADHD, Behavioral Issues, Behavioral Therapy, Special Needs, DD Assessments.
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Becky Bontjes

Becky Bontjes, MSW, LICSW	Depression/Anxiety, Abuse Issues, Behavioral Issues, Family/Relationship Issues.	Play Therapy, Cognitive Behavioral Therapy, Family Therapy
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Cedarbrook Counseling

Jerry Jensen, MA, LP	Relationship Concerns, Parent Relationship Enrichment Trauma and Abuse Issues, Spiritual Direction and Wellness, Marriage and Relationship Enrichment, General Mental Health Concerns, Growth and Development, Pre-Marriage Preparation, Parenting Sessions
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Center for Personal Counseling & Therapy

Carol Schwarzkopf, PhD LP	General Practice, Clinical Hypnosis, Depression, Anxiety, Adjustment Disorders, Neurotic, Psychotic and Personality Disorders.	Cognitive/Behavioral Therapy, Psychodynamic
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Central Lakes Medical Center

Ken Fogal, MSLP	Anger, Anxiety, Depression, Trauma (PTSD), ADD, Grief, Stress Management, Parenting, Family Issues, Marital and Relationship issues, Self-esteem issues, Abuse, Spiritual issues, Mind-body/energy medicine Techniques.
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CORE Professional Services

Dan Marquardsen MS, LP	Sexual issues, Depression, Anxiety Disorders, Disorders of Adjustment, Childhood/Adolescent Disorders, Psychiatric Evaluation, Law Enforcement Employment Evaluations, Relationship issues.	Cognitive Behavioral Therapy
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Frank Weber, MS, LP	Coordinates Sex Offender Assessments, Psychosexual Evaluations, Anger Management Evaluations, Psychological Evaluations.	CBT
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Jenny Owens, M.S., Therapist	Adolescent Sex Offender Treatment Groups	Cognitive Behavioral Therapy
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Krista Vosberg, MS, LMFT	Individual Therapy, Family Therapy, Sex Offender Treatment Group (adult & juvenile).	CBT
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Cornerstone Counseling Center

Glen Browning	Men's issues: Anger, Addictions/Pornography, Conduct/Behavioral Disorders; Christian Counseling, Individual Expression, Anxiety, Family of Origin Issues, PTSD, Anger Issues, Abuse Issues, Low Self-Esteem, Bipolar and some of the Psychotic Diagnoses.	Trained in Marriage and Family Therapy field. Integrates Christianity in counseling.
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Nick Gammello, LP	Mood Disorders, Family Issues, Men's Group Therapy on Sexual Dysfunctions/Sexual Addictions.
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Dr. David E. Crum

Dr. David E. Crum (Pastoral Counseling) Family Systems, Parenting Skills, Communication Skills.

Fair Oaks Consulting

Curt Johnson, PhD, LP Adult and Couples Counseling; Depression, Anxiety, Stress, Relationship Problems, Marital Problems. Cognitive, Interpersonal, Psychodynamic

Lynne Johnson, MS, LP Women's Issues, Mood Disorders, Anxiety Disorders, PTSD Treatment, EMDR, Couples Therapy. Matched to client needs

Holistic Psychological Services

Randall (Randy) Bundy, MSLP CD Services: Assessment, Education, Relapse Tx, Intensive Outpatient Programming, Nicotine Cessation Program
Mental Health: Psychological assessment, treatment for Depression, Anxiety, PTSD, anger management program. Cognitive

Lakeland Psychiatry

Theresa Steele, RNP RNP Medication Management

Lakes Area Counseling

Caroline Bull, Psy. D., L.P. Diagnostic Assessments to Determine Mental Health Status and give Diagnosis, Depression and Depressive Disorders, Anxiety and Anxiety Disorders, ADHD, Grief/Loss, End of Life, Bipolar. Cognitive Behavioral Therapy; Trauma Recovery; Behavioral Therapy

Lakes Country Counseling

Amanda Hemsworth, MA, LAMFT Marriage/Family, Anger Issues, Anxiety, Adjustment Disorders, Adolescent Males, Love & Logic Parenting Principles, Blended Family Issues. CBT, Structural Family Therapy

Sami Cross M.S. Sexual Assault Issues, Marriage/Family Issues, Depression, Anxiety, Adolescent Males and Females, Love and Logic Parenting Principles, Blended Family Issues. CBT, Structural Family Therapy

Stephen Vagle M.S., LMFT Marriage/Family Issues, Depression, Anxiety, Adolescent Males, Love & Logic Parenting Principles, Blended Family Issues. CBT, Structural Family Therapy

Sue Brennan, MS/ LMFT Co-dependency - Women's' Group Therapy, CD Issues, Depression/Anxiety, OCD, Bipolar, Eating Disorders, Marital Therapy Christian/Biblical Based, CBT

Lakeside Counseling

Ken Lahmann, MSW, LICSW Depression/Anxiety, Panic Disorder, ODD, ADHD, Conduct Disorder, Gender Identity Disorder, Survivors/Perpetrators of Sexual Abuse, CD Issues, Supportive Therapy for the Serious and Persistent Mentally Ill. Cognitive Behavioral Therapy

Lighthouse Counseling

Cathy Liane, MS, LP Depression, Anxiety, Grief, Life Transitions, Relationship Issues, Conflict Resolution, Mind-Body Self Care Individual, Couples, Families, and Groups, CBT, Clinical Hypnosis, SF Qigong, Cognitive Therapy

Mary Kay Verkennes, MA, LP

Mary Kay Verkennes, MA, LP	Depression/Anxiety, Sexual Abuse--Children & Adult Survivors, Women's Issues, Stress Management, Attachment Disorders.	Cognitive Behavioral and Psychodynamic Therapy.
Minnesota Psychological Resources		
Kris Chaffe-Bates, MA	Family Change Issues, Depression, Anxiety, Eating Disorder, PTSD, Chemical Dependency, Adjustment.	CBT
Lauris Prinsen, LADC	Individual Counseling Following Chemical Dependency Inpatient Treatment, Depression/Anxiety, Complete Drug and Alcohol Assessments, PTSD.	
Northern Pines Mental Health Center, Brainerd		
Amy Brandt, MSW, LICSW	Out-patient therapist specializing in services for children and adolescents.	DBT, Play therapy, Mental Health Diagnosis.
Ann Stalboerger, MSW, LGSW	Depression, Anxiety, Substance Abuse, and Women's Issues.	Holistic Approach.
Denise Iverson, MS, LP	Depression/Anxiety, Serious and Persistent Mental Illness, Life Adjustment, CD Issues, Eating Disorders.	
Donn C. Beaubien, LGSW	Children/Adolescents (ages 10 and up), Grief Issues	
Kari L. Vacinek, MS, LGSW		
Ken D. Lahmann, MSW, LICSW	Marriage, Family, Individual, Depression and Anxiety.	Cognitive Behavioral Therapy
Kimberly Scearcy, MSW, LICSW	Depression, Anxiety, Adjustment/Life Transissions, Women's Issues, and Relational Issues.	
Mary Milicent, LICSW	Mental Health Services and Substance Abuse Counseling.	
Patricia W. Scott, MA, LP	Depression	CBT, DBT.
Patty Jo Herron, RN, CNS, MS	Depression, Anxiety, Relationship Issues, Stress Management, Life Stage Adjustment, Family Dynamics, Chronic Mental Illness.	Integrated and Holistic approach
Paul S. Springstead, Psy.D, ABPP, L	Children, Adolescents, Marriage, Family, Adults, Assessments, Anger Issues	Family/Couples Therapy
Rachel LeeAnn Felch, M.A., L.P.C.C	Parenting, Play Therapy, Foster care, Abuse.	Play Therapy
Stuart James Popkin, LICSW	Individual Therapy with Adults, Cognitive Therapy to Treat Anxiety and Depression, Grief and Loss of Work, Stress Management, Eating Disorders, and Expertise in Aging and Loss.	
Tammy Kmeckik, MSW, LGSW	Women's Issues, Substance Abuse, and PTSD.	
Therese Meyer, MA, MFT (License	Child and adolescent family therapy	
Northern Pines Mental Health Center, Little Falls/Long Prairie		
Audrey Brandt-Loer, MA, LPC	Grief, Miscarriage, Infertility, Adoption, Trauma/Abuse, Mood Disorders (Depression, Bipolar, etc.), Anxiety Disorders, Borderline Personality Disorder, Suicide, Cutting, Abortion.	DBT, CBT, Eclectic

Cris Roman (MFT licensure candid		
Gayle Neuerburg, M.S., Inter Ther		
Jalen Pundsack, Intern Therapist		
Jolene Pundsach, MS, NCC, LPC, L	Out-patient Therapy.	
Julie Christensen, Intern		
Linda Pantzke, MS, LMFT	Depressive Disorders, Anxiety Disorders, Stress Management, Psychotic Disorders.	Systems (Family/Relationships)
Paul S. Springstead, Psy.D, ABPP, L	Children, Adolescents, Marriage, Family, Adults, Assessments, Anger Issues	Family/Couples Therapy
Rosemary Leonard, RN, CNS, BC,	Children and Adolescents	
Therese Meyer, MA, LMFT	Child and Adolescent Family Therapy	
Tyler Trettel, Intern Therapist		
Northern Pines Mental Health Center, Staples		
Teri Brown, MSLP	Out-patient Therapy in Staples.	
Northern Psychiatric Associates		
Larry Zarling, MALP	Individual counseling	
Phil Tange, MSW, LICSW		
Potter's Cottage		
Marsha Speed, MS, CS, RN	(Christian or Secular Counseling) ADHD/ADD, ODD, Anger Management, Parenting Issues, Single Parenting, Blended Families, Stress Management, Abuse and Trauma, Women's Issues, Depression/Anxiety, Death and Dying, Grief and Loss, Troubled Marriages, Crisis Counseling.	Holistic, Living Changes, Individual Group and Family Therapy
Rum River Counseling, Inc		
Patricia L Gorman MS, LPC	Depression, Sexual Issues, Sexual Offending, Relationship Problems, Adjustment Disorder, Borderline Personality Disorder, Cutting, General Therapy	Cognitive Behavioral, DBT, Insight Oriented
Serenity Center		
Ken Fogal, MSLP	Classes and workshops only at the Serenity Center, and overnight retreats for individuals and couples.	
Tetreault Psychological Services		
George Tetreault, MA, LP, Ed.S.	Anxiety Disorders and Depression, Family Therapy w/Children, Individual Counseling.	Cognitive Behavior Therapy for Anxiety Disorders and Depression.
The Counseling Center (LSS)		
Andy Thompson, MSLP	Depression, Anxiety, Couples/Marital, Grief, CD Issues, Pain Management, Play Therapy, Couples & Families	

Barbara Parks, M. Ed., LICSW	Depression/Anxiety, Grief, Women's Issues, Victims of Domestic Abuse, Pain Management.	CBT
Bob O'Neill, PhD, LP	Primary Focus is ADHD in Children & Adults, Psych Testing, Depression, Anxiety, OCD, Conduct, PTSD.	CBT, Testing, Play Therapy
Greg Murrey, PhD, LP, ABN	Does Neuropsychiatric Evaluations and Testing ONLY for Memory & Cognitive Issues.	
Mary Jo Cody, MSW, LICSW	Veterans and their Families, Mood and Anxiety Disorders, Frief & Loss, Eating Disorders, Adjustment Issues.	
True Balance, PLLC		
Dr. Leslie Russell-Martin, MS, LMFT	Equine-Assisted Therapy, Autism, Play Therapy, Trauma, Sexual Abuse, Physical Abuse and Neglect, Children & Families, PDD's, Psychological Testing/Assessments, Neuropsych Evals, Anxiety and Depression, OCD, ADD, RAD, Childhood Disorders, PTSD, Parenting Skills, Play Therapy, Social and Relationship Issues, Marriage Counseling, Psych Testing	Equine(horse) Therapy, Play Therapy, Family-Focused, Systems, RET, CBT, Solution-Focused, Narrative.
Heather Anderson, MS LMFT	Trauma, Sexual Abuse, ADHD, Autism, RAD, Parenting Skills, Physical Abuse and Neglect, Children and Family Issues, ODD, Anxiety and Depression, Teens, Chemical Health, Marital Counseling	CBT, Systems, Narrative, Solution-Focused
Jennifer Bischoff, M.S. LMFT	Autism, Physical Abuse and Neglect, Parenting Skills, RAD, Conduct Therapy, ADD, Childhood Disorders, Children and Families Relationship Issues	Play therapy, Family-Focused, Systems, CBT, Solution-Focused
Jodi Nelson, MED, LMFT	Anxiety and Depression, OCD, ADHD, PTSD, Children & Families, Marital Counseling	CBT, Systems, Narrative, Solution-Focused, Relaxation Training
Kathleen Anderson, M.S. LMFT	CBT, Parenting Skills, Physical Abuse and Neglect, Children and Family Issues, Marital Counseling	CBT, Systems, Narrative, Solution-focused
Kristen Lewis M.S. LMFT	Teens, Anxiety and Depression, ODD,ADHD, Children & Families, Marital Counseling	CBT, Systems, Narrative, Solution-focused
Vicki Serum, MA, LICSW		
Vicki Serum, MA, LICSW	Depression/Anxiety, ADHD, Stress Management, Sexual Abuse and Trauma, CD Recovery, Specializes in Pain Management through Hypnosis.	CBT- Will switch to Behavioral, Hypnosis, has therapy dog